

# **Trainee GS Model Question paper**

## Note:

Please note that you will find sample question/previous years questions below. Section A will have a sample of 35 questions and Section B will have a sample of 15 questions so as to give you an idea. Correct answers are highlighted or specified below the question for your reference.

# SECTION A

TGS-A-01

## Question: Where should the raw food be stored inside a fridge?

Answer options:

- 1. Bottom shelf
- 2. Anywhere
- 3. Top shelf
- 4. Middle shelf
- 5.

Correct option:(1)

TGS-A-02

Question:

Why do we need to wash our hands before we handle food?

Answer options:

- 1. No specific reason
- 2. To avoid contamination
- 3. To increase the taste
- 4. None of these

Correct option:(2)

TGS-A-03

Question: Why do we wear head covering in kitchen ?

Answer options:

- 1. To keep head clean
- 2. To avoid contamination through hair
- 3. To protect the hair from heat
- 4. All of these

Correct option:(2)



#### TGS-A-04

Question: Common reasons for food borne illnesses and food poisoning.

Answer options:

- 1. Unhygienic conditions
- 2. Dirty hands
- 3. Under cooking
- 4. All of these

Correct option:(4)

TGS-A-05

Question: What is Danger zone?

Answer options:

- 1. Below 5° Celsius
- 2. Between 5° Celsius and 63° Celsius
- 3. Between 1° Celsius and 74° Celsius
- 4. Above 63° Celsius

Correct option:(2)

TGS-A-06

Question: Examples of Bacteria:

Answer options:

- 1. Salmonella
- 2. E-Coli
- 3. Campylobacter
- 4. All of these

Correct option:(4)

TGS-A-07

Question: What are the main vehicles of bacteria ?

- 1. Hand
- 2. Surfaces
- 3. Food Plate
- 4. All of these



TGS-A-08

Question: How to store left over food items in the fridge?

Answer options:

- 1. in Shallow containers
- 2. With lids
- 3. With label
- 4. All of these

Correct option:(4)

TGS-A-09

Question: Which of the following is good personal hygiene practice ?

Answer options:

- 1. Wearing safety shoes
- 2. Saying sorry when you make a mistake
- 3. Keeping nails clean
- 4. Wearing wrist watch to be on time

Correct option:(3)

TGS-A-10

Question: When do we need to wash hands ?

Answer options:

- 1. After using restroom
- 2. After eating food
- 3. Before entering kitchen
- 4. All of these

Correct option:(4)

TGS-A-11

Question: Dirty uniform should not be worn to work since\_\_\_\_\_.



Answer options:

- 1. It looks bad in pictures
- 2. may not be pleasant to see
- 3. may carry harmful germs
- 4. supervisor may scold you

Correct option:(3)

TGS-A-12

## Question:

Identify the term used to describe harmful bacteria spreading from raw foods to other foods.

Answer options:

- 1. cross-contamination
- 2. parallel-contamination
- 3. uni-contamination
- 4. pseudo-contamination

Correct option:(1)

TGS-A-13

Question:

Cross-contamination is most likely to occur when foods are not properly \_\_\_\_\_

Answer options:

- 1. cooked
- 2. separated
- 3. chilled
- 4. cleaned

Correct option:(2)

TGS-A-14

Question: How to store left over food items in the fridge?

Answer options:

- 1. in Shallow containers
- 2. With lids
- 3. With label
- 4. All of these

Correct option:(4)

TGS-A-15



Question: Which of the following is good personal hygiene practice ?

Answer options:

- 1. Wearing safety shoes
- 2. Saying sorry when you make a mistake
- 3. Keeping nails clean
- 4. Wearing wrist watch to be on time

Correct option:(3)

TGS-A-16

Question: When do we need to wash hands ?

Answer options:

- 1. After using restroom
- 2. After eating food
- 3. Before entering kitchen
- 4. All of these

Correct option:(4)

TGS-A-17

Question: Dirty uniform should not be worn to work since\_\_\_\_

Answer options:

- 1. It looks bad in pictures
- 2. may not be pleasant to see
- 3. may carry harmful germs
- 4. supervisor may scold you

Correct option:(3)

TGS-A-18

Question: While cleaning rooms/cabins, we should start from \_\_\_\_\_.

- 1. toilet
- 2. bedroom
- 3. living room
- 4. anyplace is fine



TGS-A-19

Question: Presence of cobwebs indicates \_\_\_\_\_\_.

Answer options:

- 1. the presence of spiders
- 2. the presence of flies
- 3. the presence of beetles
- 4. the presence of mosquitoes

Correct option:(1)

TGS-A-20

Question: The electronic equipments should be cleaned \_

Answer options:

- 1. Using agents specified for them
- 2. Using any diluted cleaning agent
- 3. Using paint thinner
- 4. Using turpentine

Correct option:(1)

TGS-A-21

Question: The room carpet is effectively cleaned by \_\_\_\_\_

Answer options:

- 1. Using hard broom and dust pan
- 2. Using vacuum cleaner
- 3. Using hard brush and dust pan
- 4. Using soft broom and dust pan

Correct option:(2)

TGS-A-22

Question: The waste basket should be cleared from rooms \_\_\_\_\_\_.



- 1. at the beginning of the cleaning
- 2. at the end of the cleaning
- 3. anytime during the cleaning
- 4. only when the ship is arriving at port.

TGS-A-23

Question: If you find any valuables in the public area, you should \_\_\_\_

Answer options:

- 1. hand over to the supervisor
- 2. hand over to the next person who claims it
- 3. finders can keep the items
- 4. Let it be in the same place, the owner will come back to take.

Correct option:(1)

TGS-A-24

Question: Which among this is/are the best laundry practice(s) ?

Answer options:

- 1. Always separate whites and colours
- 2. Use right amount of detergent
- 3. Don't overload the machines
- 4. All of these

Correct option:(4)

TGS-A-25

Question: While cleaning , we should start with\_\_\_\_\_

Answer options:

- 1. high level dusting
- 2. low level dusting
- 3. mopping the floor
- 4. clearing the dust bin

Correct option:(1)

TGS-A-26



Question: Expand the term - WC

Answer options:

- 1. Waste Closet
- 2. Water Commode
- 3. Waste Commode
- 4. Water Closet

Correct option:(4)

TGS-A-27

Question: Best method to clean bathroom fittings is to \_\_\_\_

Answer options:

- 1. Use strong chemical agent
- 2. Use warm soapy water
- 3. Use cleaning acids
- 4. Use harper cleaner

Correct option:(2)

TGS-A-28

Question: Frozen food is stored at minimum

Answer options:

- 1. -30° Celsius
- 2. -18° Celsius
- 3. 0° Celsius
- 4. -5° Celsius

Correct option:(2)

TGS-A-29

Question: For Kitchen equipments cleaning \_\_\_\_\_\_.

- 1. use cold soapy water
- 2. use warm soapy water
- 3. use cold water
- 4. use warm water



TGS-A-30

Question: Poultry is a high quality source of \_\_\_\_\_.

Answer options:

- 1. carbohydrate
- 2. potassium
- 3. Vitamin A
- 4. protein

Correct option:(4)

TGS-A-31

Question: Cruet set consists of \_\_\_\_\_

Answer options:

- 1. Table salt and pepper powder
- 2. Cooking salt and pepper
- 3. Table salt and pepper corns
- 4. Table salt and crushed pepper

Correct option:(4)

TGS-A-32

Question: When setting up a cover, spoon is always placed on \_\_\_\_\_.

Answer options:

- 1. right side
- 2. left side
- 3. any side
- 4. none of these

Correct option:(1)

TGS-A-33

Question: While setting up a cover, water glass is always kept \_\_\_\_\_.



- 1. on the tip of the knife
- 2. on the tip of the fork
- 3. on the tip of the soup spoon
- 4. anywhere as you like

TGS-A-34

Question: Pancakes are served with\_\_\_\_\_.

Answer options:

- 1. Maple syrup
- 2. Honey syrup
- 3. Sugar syrup
- 4. Apple syrup

Correct option:(1)

TGS-A-35

Question: Best accompaniment for 'chicken tikka' would be

Answer options:

- 1. Mint chutney
- 2. Tomato sauce
- 3. Chill sauce
- 4. Mayonnaise

Correct option:(1)

**SECTION B** 

Question:

TGS-B-01

Choose most appropriate word/phrase to complete the sentence: What \_\_\_\_\_ when I called?

- 1. was you doing
- 2. was you do
- 3. were you doing
- 4. you were doing



TGS-B-02

Question:

Choose most appropriate word/phrase to complete the sentence: Nothing \_\_\_\_\_ done when the boss is away Answer options:

- 1. becomes
- 2. gets
- 3. been
- 4. got

Correct option:(2)

TGS-B-03

Question:

Choose most appropriate word/phrase to complete the sentence: What \_\_\_\_\_ your favorite food as a child?

Answer options:

- 1. will
- 2. was
- 3. would
- 4. is

Correct option:(2)

TGS-B-04

Question:

Choose most appropriate word/phrase to complete the sentence: I will talk \_\_\_\_\_ Paul when I find him.

- 1. around
- 2. to
- 3. at
- 4. towards



TGS-B-05

Question:

Choose most appropriate word/phrase to complete the sentence: I never have \_\_\_\_\_ such an interesting book.

Answer options:

- 1. saw
- 2. red
- 3. read
- 4. redden

Correct option:(3)

TGS-B-06

Question:

Choose most appropriate word/phrase to complete the sentence: The tools in this box \_\_\_\_\_ useful.

Answer options:

- 1. is
- 2. are
- 3. am
- 4. be

Correct option:(2)

TGS-B-07

Question:

Choose a correct sentence among the options provided.

- 1. Write, please, this line on your name.
- 2. Please, on this name write your line.
- 3. Write your name on this line, please.



4. Please, on your name write this line.

Correct option:(3)

TGS-B-08

Question:

Choose most appropriate word/phrase to complete the sentence: Sorry, but this chair is \_\_\_\_\_

Answer options:

- 1. me
- 2. mine
- 3. my
- 4. our

Correct option:(2)

TGS-B-09

Question:

Choose most appropriate word/phrase to complete the sentence: Where \_\_\_\_\_?

Answer options:

- 1. your brother works
- 2. your brother work
- 3. does your brother work
- 4. do you brother work

Correct option:(3)

TGS-B-10

Question:

Choose most appropriate word/phrase to complete the sentence: The test is \_\_\_\_\_ july.



Answer options:

- 1. in
- 2. at
- 3. on
- 4. over

Correct option:(1)

TGS-B-11

Question:

Choose most appropriate word/phrase to complete the sentence: I eat pasta \_\_\_\_\_ week

## Answer options:

- 1. twice in a
- 2. every
- 3. once in a
- 4. All of these

Correct option:(4)

TGS-B-12

Question:

Choose most appropriate word/phrase to complete the sentence: You can use my car \_\_\_\_\_ tomorrow.

Answer options:

- 1. yet
- 2. since
- 3. until
- 4. around

Correct option:(3)



## TGS-B-13

Question:

Choose most appropriate word/phrase to complete the sentence: If you \_\_\_\_\_ just bear with me, I will find out about your food order.

Answer options:

- 1. may
- 2. might
- 3. will
- 4. could

Correct option:(4)

TGS-B-14

Question: Choose most appropriate word/phrase to complete the sentence: I am on the point of \_\_\_\_\_ up gambling.

# Answer options:

- 1. to give
- 2. having given
- 3. giving
- 4. I give

Correct option:(3)

TGS-B-15

Question:

Choose most appropriate word/phrase to complete the sentence:

\_\_\_\_\_ you like? I like grapes and mangoes.

- 1. What kind of fruit
- 2. What type of fruit do
- 3. How many fruit do
- 4. Types of fruit do

